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FORM D

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549



03000437 Estimated average burden

hours per response.....16.00

JAN 0 7 2003

NOTICE OF SALE OF SECURITIES
PURSUANT TO REGULATION D,
SECTION 4(6), AND/OR
UNIFORM LIMITED OFFERING EXEMPTION

FORM D

SEC USE ONLY							
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Prefix	Serial						
DATE REC	CEIVED						
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Name of Offering (Scheck if this is an amendment and name has changed, and indicate change.) Flexible Premium Variable Universal Life Insuranc	e (Sun Life of Canada (U.S. Variable Account H)
Filing Under (Check box(es) that apply): Rule 504 Rule 505 Rule 506 Section 4(6) Type of Filing: New Filing Amendment	ULOE ULOE
A. BASIC IDENTIFICATION DATA	
1. Enter the information requested about the issuer	
Name of Issuer ( check if this is an amendment and name has changed, and indicate change.)  Sun Life of Canada (U.S) Variable Account H	
Address of Executive Offices (Number and Street, City, State, Zip Code) One SunLife Executive Park, Wellesley Hills, MA	Telephone Number (Including Area Code) (781) 237-6030
Address of Principal Business Operations 02481 (Number and Street, City, State, Zip Code) (if different from Executive Offices)	Telephone Number (Including Area Code)
Brief Description of Business	
Type of Business Organization  Corporation  Imited partnership, already formed  other (p)	PROCESSED
business trust limited partnership, to be formed	JAN 0 9 2003
Month Year  Actual or Estimated Date of Incorporation or Organization: 111 QIB X Actual Estim  Jurisdiction of Incorporation or Organization: (Enter two-letter U.S. Postal Service abbreviation for State:  CN for Canada; FN for other foreign jurisdiction)	T P 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

## GENERAL INSTRUCTIONS

### Federal:

Who Must File: All issuers making an offering of securities in reliance on an exemption under Regulation D or Section 4(6), 17 CFR 230.501 et seq. or 15 U.S.C. 77d(6).

When To File: A notice must be filed no later than 15 days after the first sale of securities in the offering. A notice is deemed filed with the U.S. Securities and Exchange Commission (SEC) on the earlier of the date it is received by the SEC at the address given below or, if received at that address after the date on which it is due, on the date it was mailed by United States registered or certified mail to that address.

Where To File: U.S. Securities and Exchange Commission, 450 Fifth Street, N.W., Washington, D.C. 20549.

Copies Required: Five (5) copies of this notice must be filed with the SEC, one of which must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

Information Required: A new filing must contain all information requested. Amendments need only report the name of the issuer and offering, any changes thereto, the information requested in Part C, and any material changes from the information previously supplied in Parts A and B. Part E and the Appendix need not be filed with the SEC.

Filing Fee: There is no federal filing fee.

## State:

This notice shall be used to indicate reliance on the Uniform Limited Offering Exemption (ULOE) for sales of securities in those states that have adopted ULOE and that have adopted this form. Issuers relying on ULOE must file a separate notice with the Securities Administrator in each state where sales are to be, or have been made. If a state requires the payment of a fee as a precondition to the claim for the exemption, a fee in the proper amount shall accompany this form. This notice shall be filed in the appropriate states in accordance with state law. The Appendix to the notice constitutes a part of this notice and must be completed.

- attention -

Failure to file notice in the appropriate states will not result in a loss of the federal exemption. Conversely, failure to file the appropriate federal notice will not result in a loss of an available state exemption unless such exemption is predictated on the filing of a federal notice.

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A: BASIC IDENTIFICATION DATA Enter the information requested for the following: Each promoter of the issuer, if the issuer has been organized within the past five years; Each beneficial owner having the power to vote or dispose, or direct the vote or disposition of, 10% or more of a class of equity securities of the issuer. Each executive officer and director of corporate issuers and of corporate general and managing partners of partnership issuers; and Each general and managing partner of partnership issuers. Check Box(es) that Apply: Promoter Executive Officer Director Beneficial Owner General and/or Managing Partner Full Name (Last name first, if individual) Sun Life Assurance Company of Canada (U.S.) Business or Residence Address (Number and Street, City, State, Zip Code) One Executive Park, Wellesley Hills, MA 02481

Box(es) that Apply: Promoter Beneficial Owner Executive Officer Director General and/or Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Check Box(es) that Apply: Promoter Beneficial Owner Executive Officer General and/or Director Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Promoter Check Box(es) that Apply: Beneficial Owner Executive Officer Director General and/or Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Check Box(es) that Apply: ☐ Promoter Beneficial Owner Executive Officer Director General and/or Managing Pertner Full Name (Last name first, if individual) (Number and Street, City, State, Zip Code) Business or Residence Address Executive Officer Director Check Box(es) that Apply: Promoter Beneficial Owner General and/or Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code) Check Box(es) that Apply: Promoter General and/or Managing Partner Full Name (Last name first, if individual) Business or Residence Address (Number and Street, City, State, Zip Code)

	th.				ъ. Т	NFORMAT	ION ABOU	TOFFER	ING					
1. H	las the	issuer solo	l, or does t	he issuer i	ntend to se	ell, to non-a	ccredited	investors i	n this offer	ing?	***************	Yes 🔲	on <b>K</b>	
						n Appendix				_		. [_]	} <b>;-X</b>	
2. V	Vhat is	the minim	um investn	nent that w	vill be acce	epted from	any individ	dual?	•••••			\$ <u>N</u>	/A	
3. D	oes the	offering	permit join	t ownershi	p of a sing	gle unit?			•••••			Yes □	No ∑	
c It	ommiss f a perso r states,	ion or sim on to be lis list the na	ilar remune ted is an as ame of the b	ration for s sociated pe roker or de	solicitation erson or age ealer. If me	who has been of purchas ent of a brolore than five ion for that	ers in conn cer or deale e (5) perso	ection with er registere ns to be lis	sales of se d with the S ted are asso	curities in SEC and/or	the offerin r with a sta	g. te		
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States	in Whi	ch Person	Listed Has	Solicited	or Intends	to Solicit	Purchasers	<del></del> -	<del></del> ,					
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<u> </u>	AL IL MT	AK IN NE SC	AZ IA NV SD	AR KS NH TN	CA KY NJ TX	CO LA NM UT	CT ME NY VT	DE MD NC VA	DC MA ND WA	FL MI OH WV	GA MN OK WI	HI MS OR WY	MO PA PR	
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# C. OFFERING PRICE, NUMBER OF INVESTORS, EXPENSES AND USE OF PROCEEDS.

1.	Enter the aggregate offering price of securities included in this offering and the total amount already sold. Enter "0" if the answer is "none" or "zero." If the transaction is an exchange offering, check this box and indicate in the columns below the amounts of the securities offered for exchange and already exchanged.		
	Type of Security	Aggregate Offering Price	
	Debt	\$	<b>\$</b>
	Equity	\$	\$
	Common Preferred		
	Convertible Securities (including warrants)	\$	\$
	Partnership Interests	S	
	Other (Specify <u>Separate Acco</u> unt	Unlimi	ted <sub>\$2</sub> 5million
	Total		
	Answer also in Appendix, Column 3, if filing under ULOE.		
2.	Enter the number of accredited and non-accredited investors who have purchased securities in this offering and the aggregate dollar amounts of their purchases. For offerings under Rule 504, indicate the number of persons who have purchased securities and the aggregate dollar amount of their purchases on the total lines. Enter "0" if answer is "none" or "zero."	Number	Aggregate Dollar Amount
		Investors	of Purchases
	Accredited Investors	1	\$25million
	Non-accredited Investors		<u> </u>
	Total (for filings under Rule 504 only)		\$
	Answer also in Appendix, Column 4, if filing under ULOE.		
3.	If this filing is for an offering under Rule 504 or 505, enter the information requested for all securities sold by the issuer, to date, in offerings of the types indicated, in the twelve (12) months prior to the first sale of securities in this offering. Classify securities by type listed in Part C — Question 1.		
		Type of	Dollar Amount
	Type of Offering	Security	Sold
	Rule 505		
	Regulation A		
	Rule 504	<del></del>	\$
	Total		\$
•	a. Furnish a statement of all expenses in connection with the issuance and distribution of the securities in this offering. Exclude amounts relating solely to organization expenses of the insurer. The information may be given as subject to future contingencies. If the amount of an expenditure is not known, furnish an estimate and check the box to the left of the estimate.		
	Transfer Agent's Fees	[	\$ None
	Printing and Engraving Costs		None \$ None
	Legal Fees		] \$ None
	Accounting Fees		None
	Engineering Fees		\$ None
	Sales Commissions (specify finders' fees separately)	· 	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
	Other Expenses (identify) State and local premium taxes	•	\$ N/A
	Total	r	T C N/A

	G. OFFERING PRICE, NUMBER OF INVESTORS, EXPENSES AND USE OF PR	ROCEEDS -	4.4
	b. Enter the difference between the aggregate offering price given in response to Part C — Question 1 and total expenses furnished in response to Part C — Question 4.a. This difference is the "adjusted gross proceeds to the issuer."		s_N/A
5.	Indicate below the amount of the adjusted gross proceed to the issuer used or proposed to be used for each of the purposes shown. If the amount for any purpose is not known, furnish an estimate and check the box to the left of the estimate. The total of the payments listed must equal the adjusted gross proceeds to the issuer set forth in response to Part C — Question 4.b above.		
		Payments to Officers, Directors, & Affiliates	Payments to Others
	Salaries and fees	None	[]\$_None
	Purchase of real estate	\$_None	S None
	Purchase, rental or leasing and installation of machinery and equipment	\$ None	□\$ None
	Construction or leasing of plant buildings and facilities	\$ None	[]\$_None
	Acquisition of other businesses (including the value of securities involved in this offering that may be used in exchange for the assets or securities of another		
	issuer pursuant to a merger)		\$_None
	Repayment of indebtedness		□\$ None
	Working capital		□ \$ None
	Other (specify):	\$ None	\$_N/A
		\$_None	□\$_N/A
	Column Totals	\$_None	
	Total Payments Listed (column totals added)	□\$1	A
	D. FEDERAL SIGNATURE		
igr	e issuer has duly caused this notice to be signed by the undersigned duly authorized person. If this notice is nature constitutes an undertaking by the issuer to furnish to the U.S. Securities and Exchange Commissi information furnished by the issuer to any non-accredited investor pursuant to paragraph (b)(2) of Ru	on, upon writter	
u 7a	n Life of Canada (U.S) riable Account H	12-31	-02
/ar	n Life of Canada (U.S) riable Account H  me of Signer (Print or Type)  Title of Signer (Print or Type)  Title of Signer (Print or Type)  Onn Canlon  Orrector of Paragraphic Print or Type)	OVVL	SMLPS

- ATTENTION -

Intentional misstatements or omissions of fact constitute federal criminal violations. (See 18 U.S.C. 1001.)

	E. STATE SIGNATURE			A. C. C. C. C.
1	Is any party described in 17 CFR 230.262 presently subject to any of the disqualification provisions of such rule?	Yes	No <b>⊠</b>	
	See Appendix, Column 5, for state response.			

- 2. The undersigned issuer hereby undertakes to furnish to any state administrator of any state in which this notice is filed a notice on Form D (17 CFR 239.500) at such times as required by state law.
- 3. The undersigned issuer hereby undertakes to furnish to the state administrators, upon written request, information furnished by the issuer to offerees.
- 4. The undersigned issuer represents that the issuer is familiar with the conditions that must be satisfied to be entitled to the Uniform limited Offering Exemption (ULOE) of the state in which this notice is filed and understands that the issuer claiming the availability of this exemption has the burden of establishing that these conditions have been satisfied.

The issuer has read this notification and knows the contents to be true and has duly caused this notice to be signed on its behalf by the undersigned duly authorized person.

	$\wedge$	
Issuer (Print or Type)	Signature //	Date
Sun Life of Canada (U.S.)		1 17-31-07
Variable Account H	1 1/1 // // /	100100
Name (Print or Type)	Title (Print or Type)	
	1/1 plant	L PRUVL SALES
10m Scanlos	11 Director	OF TOUR CONTENT
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### Instruction:

Print the name and title of the signing representative under his signature for the state portion of this form. One copy of every notice on Form D must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

				Al	PENDIX				
1		2	3			4			5
	to non-a	i to sell accredited is in State	Type of security and aggregate offering price offered in state (Part C-Item 1)		amount pu	f investor and urchased in State : C-Item 2)		Disqualification under State ULOE (if yes, attach explanation of waiver granted) (Part E-Item 1)	
State	Yes	No		Number of Accredited Investors	Amount	Number of Non-Accredited Investors	Amount	Yes	No
AL									
AK									
AZ									
AR									
CA									
СО							· · · · · · · · · · · · · · · · · · ·		
СТ									
DE									
DC									
FL									
GA									
HI									
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IL									ھ .
IN									
IA									
KS									
KY									
LA									
ME									
MD									
MA									
MI									
MN									
MS									

				APP	ENDIX		-		÷
I	Intend to non-a investor	2 I to sell accredited s in State -Item 1)	Type of security and aggregate offering price offered in state (Part C-Item 1)		amount pu	4 f investor and urchased in State C-Item 2)		5 Disqualification under State ULOE (if yes, attach explanation of waiver granted) (Part E-Item 1)	
State	Yes	No		Number of Accredited Investors	Amount	Number of Non-Accredited Investors	Amount	Yes	No
МО									
MT									
NE									
NV									
NH									
ŊJ									
NM									
NY									
NC									
ND		<u> </u>							
ОН								-	
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RI									
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SD	···						· · · · · · · · · · · · · · · · · · ·		
TN									
TX									
UT									
VT									
VA									
WA									
WV									
WI									

	# <del>  -</del>			APP	ENDIX					
1	to non-a	2 I to sell ccredited s in State	3 Type of security and aggregate offering price offered in state	Type of investor and					5 Disqualification under State ULOE (if yes, attach explanation of waiver granted)	
		-Item 1)	(Part C-Item 1)		amount purchased in State (Part C-Item 2)				(Part E-Item 1)	
State	Yes	No		Number of Accredited Investors	Amount	Number of Non-Accredited Investors	Amount	Yes	No	
WY										
PR										